

Rode and Norton St Philip School Federation (RNSF)

Sun Smart Policy 2022

At Rode and Norton St Philip School Federation we want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

EDUCATION - these measures are in place:

- All pupils will have at least one SunSmart lesson per year.
- We will talk about how to be SunSmart in assemblies during the summer term.
- Parents and guardians will be sent a letter explaining what the school is doing about sun protection and how they can help during the summer term.

PROTECTION

Shade:

- We have many trees and willow structures on our grassed area at both sites which provide natural shade
- Children are reminded to play in the shade at lunchtime.
- We encourage the children to build their own dens.
- At Norton St Philip, the 'Whatever you want it to be' space provides additional shade.
- At Rode, we have a large shaded canopy over the Bandstand and parasols for the picnic tables.
- We are always looking for ways to improve the amount of shade around our school grounds.

Timetabling:

- Wherever possible outdoor activities will be timetabled to avoid the main heat of the day.

Clothing:

- Children will be encouraged to wear hats and to 'cover up' on hot days at playtime, lunchtime and during PE sessions.

Sunscreen:

- Parents and carers will be encouraged to ensure that their children are protected by long lasting high factor sunscreen (at least SPF 30 and 4 or 5 stars) each day before they arrive in school and are protected by appropriate clothing.
- If parents feel it necessary for their children to reapply sunscreen during the day, they must provide **small** quantities in a clearly labeled bottle or tube with the child's name and give it to a member of the Office Team in the school office or to Gruffalo Class staff.
- Children will be responsible for applying their own sunscreen in school.
- The use of sunscreen will be encouraged if the children are to spend any length of time outside on sunny days.

Water:

- All pupils are asked to bring water bottles to school every day. During the coronavirus pandemic, some younger classes are providing cups and jugs of water to limit the need for staff to help children undo water bottles.