



## Intent

At Rode and Norton School Federation we provide a whole school PSHE curriculum that builds foundations of health and wellbeing, providing crucial skills and positive attitudes ***enabling each and every child to embark on a unique adventure towards life in all its fullness (John 10:10.)***

Our intention is for our children to learn about themselves as developing individuals and as members of their communities, building on their own experiences and experiences of others. We want to provide them with the ability to make safe and informed choices, taking responsibility for their actions, respecting and valuing differences and being the best that they can be. Children will learn to show acceptance of others regardless of their background, religion, race, gender or sexuality, and develop their understanding of others.

## Implementation

At Rode and Norton St Philip School Federation we follow the leading children's health & wellbeing charity Coram Life Education PSHE scheme of work; SCARF. It is a whole school approach which includes Sex & Relationships Education. SCARF is a spiral Curriculum mapped to the PSHE Association's programme of study and is divided into six half- termly units. **Being my Best, Me and my Relationships, Keeping Myself Safe, Valuing Difference, Growing and Changing and Rights and Responsibilities.**

Every teacher uses the SCARF online resources however, they are adapted to suit the needs and diversity of the class involved so that all children and families feel represented.

Children take part in yearly visits from a trained SCARF educator who delivers aspects of the Relationships Education and/or Health Education programme.

Examples of work and reflections are sent to the coordinator at the end of each unit which are then kept in a central book for staff discussions. Children are matched to I can statements at the end of each unit.

We use assemblies to explore issues through our Christian Values (Friendship, Respect, Hope, Perseverance, Forgiveness and Generosity) and where additional support is required to develop a child's personal, social, emotional or health needs we provide support through our THRIVE practitioner and ELSA.

## Impact

Children at Rode and Norton St Philip School Federation are able to talk confidently

## **PSHE including Relationships & Sex Education**

about how to keep themselves safe both in and around school as well as online. They care for each other, accept differences and support their peers in a way that demonstrates that their core values match those of the school's and staff. As children progress through school, their ability to articulate their feelings develops. Our children are reflective and articulate when discussing their emotions and develop the skills required ***to embark on a unique adventure towards life in all its fullness (John 10:10.)***