

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Daily Mile across all classes						
BFG (YR4)	Hockey	Net & wall games (tennis)	Team Games (netball)	Team Games (tag rugby)	Athletics	Athletics
	Swimming	Gymnastics	Dance	Karate/yoga	Orienteering Swimming catch up.	Ball skills (striking & fielding) cricket *
Wild Things (YR3)	Gymnastics	Swimming	Dance *	Yoga	Athletics	Athletics
	Fundamental Movements (tag/team games)	Team Games (netball)	Net & wall games (tennis)	Team Games (tag rugby/football)	Ball skills (striking & fielding) rounders	Orienteering
Paddington (YR2)	Fundamental Movements (tag/team games)	Ball skills (throwing & catching)	Yoga	Invasion Games (football)	Ball skills (striking & fielding) tennis	Invasion Games (attacking & defending)
	Gymnastics	Dance	Swimming	Dance	Athletics	Athletics
Elmer (YR1)	Fundamental Movements (tag games) *	Team Games; Football (ball skills) *	Throwing & Catching *	Fundamental Movements (tag games) *	Team Games: Football (ball skills including invasion games.) *	Throwing & catching *
	Gymnastics (floor & apparatus)	Dance	Yoga	Swimming	Dance	Athletics

Gruffalo (R)	Team Games: Football (ball skills) *	Fundamental Movements (tag games) *	Throwing & catching *	Football (ball skills including invasion games) *	Fundamental Movements (tag games) *	Throwing & catching*
	Gymnastics (floor & balance)	Dance	Yoga	Gymnastics (apparatus)	Athletics	Swimming

*Delivered by an expert sports coach.