

# SCHOOL SWIMMING LESSONS

School swimming lessons have been arranged for **Paddington Class** children. They will receive 6 lessons over a six week period (see below) and will travel to Frome Sports and Fitness, Frome by coach and be taught in small groups by qualified swimming instructors. At a cost of **£5.91 per child per session these lessons represent excellent value for money.**

## DATES

Wednesday 8<sup>th</sup> January 2020  
Wednesday 15<sup>th</sup> January 2020  
Wednesday 22<sup>nd</sup> January 2020  
Wednesday 29<sup>th</sup> January 2020  
Wednesday 5<sup>th</sup> February 2020  
Wednesday 12<sup>th</sup> February 2020

## MEDICAL INFORMATION

It is advisable for your child **NOT** to swim if they have:

- ☹️ Open wounds
- ☹️ Infectious diseases
- ☹️ Coughs, colds and related infections such as catarrh and sinusitis
- ☹️ Ear infection

*Other common ailments such as verrucas and athlete's foot are easily transmitted to other swimmers but recent medical advice has suggested that it is not necessary for swimmers to be excluded from the pool. It is recommended, however, that the pupil with these ailments should use a verruca sock to help to minimize the risk of infection to other users of the pool.*

*Parents are asked to provide a verruca sock where necessary. Thank you.*

## PAYMENTS

In line with the school's charging policy parents and carers are asked to make a voluntary contribution of £5.91 per lesson per child to cover the costs of their child's swimming lessons. Pupils will not be treated differently according to whether or not their parents make a contribution but **the lessons will not be financially viable for the school and may need to be cancelled unless a substantial majority of parents contribute.**

The total cost for 6 weeks is £35.46 and is available to be paid via ParentPay.

Please speak to Sam in the office if you wish to make arrangements to pay by smaller instalments.

## EQUIPMENT

Children will need to bring a **named** swimming costume and a **named** towel in a **named** bag each week. Children should **NOT** wear any form of jewellery and only appropriate swimwear - large beach shorts will compromise your child and will drag them down!

